

Helpful Resources



Families Can Help Their Child Build:

- Life Skills
 - Desire to Work
 - Enriching Experiences
 - Appropriate Goals
 - Self-Advocacy
 - Self-Determination
-

Secondary Transition Resources

<http://www.livebinders.com/play/play?id=176690>

Relish is More than Hot Dogs: Helping Students Make Their Own Sweet

<http://nichcy.org/wp-content/uploads/docs/ta4.pdf>

Is Your Teen Ready for a Job?

<https://docs.google.com/a/wiu.k12.pa.us/file/d/0BykMJItI394kUWNRNS1kZlhqcDQ/edit>

Looking for Work: Some Tips for Parents

<https://docs.google.com/file/d/0BykMJItI394kS0kySXBiy0ZZbVk/edit?usp=sharing>

How Parents Can Support Self- Determination

<https://docs.google.com/file/d/0BykMJItI394kZTIsaFhpRTZuZkE/edit?usp=sharing>

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WHAT CAN I DO?

ASSISTING MY CHILD THROUGH THE SECONDARY TRANSITION PROCESS





FAMILY ENGAGEMENT

Family members are key members of the secondary transition process. They are the ones who are most knowledgeable of the individual and the ones who have been there from the beginning. They are also the ones who will continue to be there to guide the individual in achieving their post-secondary goals. A parent is quoted in saying “we are the transition coordinators for life”. Therefore it is important for family members to have a good understanding of and be actively engaged in the secondary transition process.

SO WHAT CAN I DO?

- Attend and participate in IEP meetings
- Assist child in advocating for their selves
- Complete parent surveys and needs assessments that are directed toward post school goals
- Foster independence by assigning specific responsibilities in the home
- Discuss future goals and adult realities with your child
- Discuss interests, abilities, aptitudes and needs in relation to future goals
- Build appropriate social and communication skills that will be needed in future environments
- Foster self-determination skills
 - Describe disability
 - Identify accommodations and supports needed

PREPARING FOR A CAREER

- Encourage your child’s efforts to learn about work demands and career options
- Build responsibility, choice making, a strong work ethic as well as pride in work
- Explore your neighborhood and community for experiences and training opportunities
- Participate in work training and/or career exploration program
- Network with people you know and establish relationships

“Students who are more involved in setting educational goals are more likely to reach their goals.”

~Wehmeyer