

YOUTH TRAINING SERIES

# PATHWAYS TO ADULTING

The PEAL Center is starting a **virtual program** in partnership with the United Way of Southwestern PA around transitioning to adulthood. This a stacked program where youth can participate in one, several, or all components. Each piece reinforces the others, and all are designed using familiar PEAL tools such as leadership activities, self-awareness exercises, goal setting, communication skill practice, and transition planning checklists.

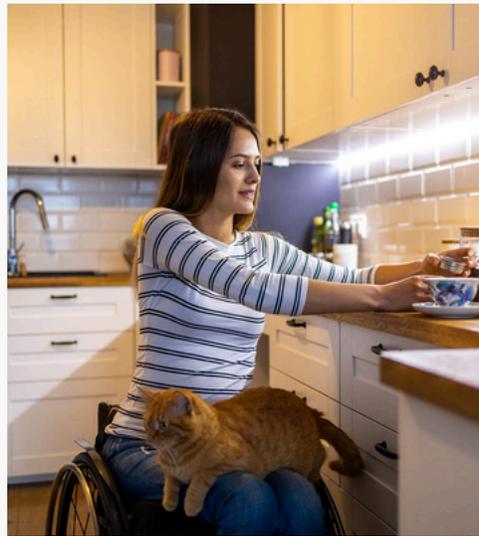
**Program Includes:**

- Transition Coaching Pods (Feb-Mar.)
- Adulting Labs (Mar.-May)
- Youth Navigator Certificate (May-June)



OPEN TO YOUTH IN TRANSITION PHASE AND ANY NEEDED SUPPORT PERSONS / OPEN TO YOUTH IN SOUTHWESTERN, PA AGES 14-22

## February to June 2026



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